

# Titan Squat Suit Comparison Chart

	Superior	Spartan	Centurion	Super Centurion	Super Boss *
Beginning lifter **	✓	✓			
Experienced lifter	✓	✓	✓	✓	✓
Advanced lifter	✓	✓	✓	✓	✓
Can it be used for deadlift	✓	✓	✓	works for some	
NXG+ Material	✓				
NXG Super Plus Material		✓	✓	✓	2 ply
Dual Quad Harness System			✓	✓	✓
Re-inforced Dual Quad System				✓	✓
IPF Legal, Single ply *	✓	✓	✓	✓	
Available in wide or narrow stance			✓	✓	✓
Works with any squat stance	✓	✓			
Custom sizing available	✓	✓	✓	✓	✓

\* Check with your federation for legality

\*\* New to equipped lifting

## Definitions:

NXG+ material is the Titan mid level fabric providing great strength and pop

NXG Super + is the top of the line Titan 1 ply material with the extreme rebound and longevity

Wide Stance usually means heels are set wider than your shoulders

Dual Quad system - provides extra hip and glute support for more explosiveness

Re-inforced Dual Quad System provides extra stitching in the harness for more stopping power

